

The Gym Limited – Instagram Stories Timestamp Promotion - Terms and Conditions

Introduction

We've set out below the terms and conditions for our Instagram Stories Timestamp promotion. These terms are, where applicable, in addition to our:

- Membership Agreement and Terms and Conditions (<https://www.thegymgroup.com/legal/>)
- Privacy & Cookie Policy (<https://www.thegymgroup.com/privacy-cookie-policy/>).

By entering the 'Instagram Stories Timestamp' competition and entering the promotion you are accepting all the terms and conditions in this document.

The Fine Print

1. The Promoter is The Gym Limited of 5th Floor, OneCroydon, 12 - 16 Addiscombe Road, Croydon, CR0 0XT.
2. The 'Instagram Stories Timestamp' competition will run for three separate weeks (Monday to Friday) starting on Monday 11th March, Monday 18th March and Monday 25th March 2019.
3. The prize draw (the "Prize Draw") is open to active members of The Gym Limited only. Employees or agencies of The Gym Limited, their family members, or anyone else connected with the Prize Draw may not enter the Prize Draw.
4. The prize for each week is free membership for the remainder of 2019. No cash alternative to the prizes will be offered. The prize is not transferable.
5. There is no entry fee and no purchase necessary to enter this competition.
6. Winners will be chosen by: a member of The Gym Limited or appointed bodies.
7. The winner will be notified by email/letter or social media within 28 days of being announced on social media. If the winner cannot be contacted or does not claim the prize within 30 days of notification, we reserve the right to withdraw the prize from the winner and pick a replacement winner.
8. To be eligible for entry you must be a resident in the UK and aged 18 years or over.
9. To participate in the competition, members must share of picture of themselves in one of The Gym Limited locations across the UK via Instagram stories, tagging @thegymgroup with the timestamp that matches the time set out by @thegymgroup on the Monday of each week the competition is live. Members will have until 23:59 on the Friday of the relevant competition week to enter with the correct timestamp. One entry per week per member.
10. The prize is not transferable, and no cash alternative will be offered.
11. The Gym reserves the right to disqualify any entries which it deems, at its sole discretion, to contravene the spirit of the promotion and the prize.
12. The Gym Limited cannot accept responsibility for entries lost or delayed in transmission. Under no circumstances will The Gym Limited (or its parent, subsidiaries and affiliated companies) be liable (unless such liability cannot be lawfully excluded) for any losses, damages, costs or expenses arising from or in any way connected with any errors, defects, interruptions, malfunctions or delays in the 'Instagram Stories Timestamp' promotion or prize draw or any prize connected with the 'Instagram Stories Timestamp' promotion and it excludes liability, to the fullest extent permitted by law for any loss or damage caused to the winner/s and/or companion/s arising out of these prizes.

13. The promoter's decision in respect of all matters to do with the competition will be final and no correspondence will be entered into.
14. These terms and conditions shall be governed by and construed in accordance with the laws and England and subject to the exclusive jurisdiction of the courts of England and Wales.